



The Blue folder: an online directory of community-based mental health resources
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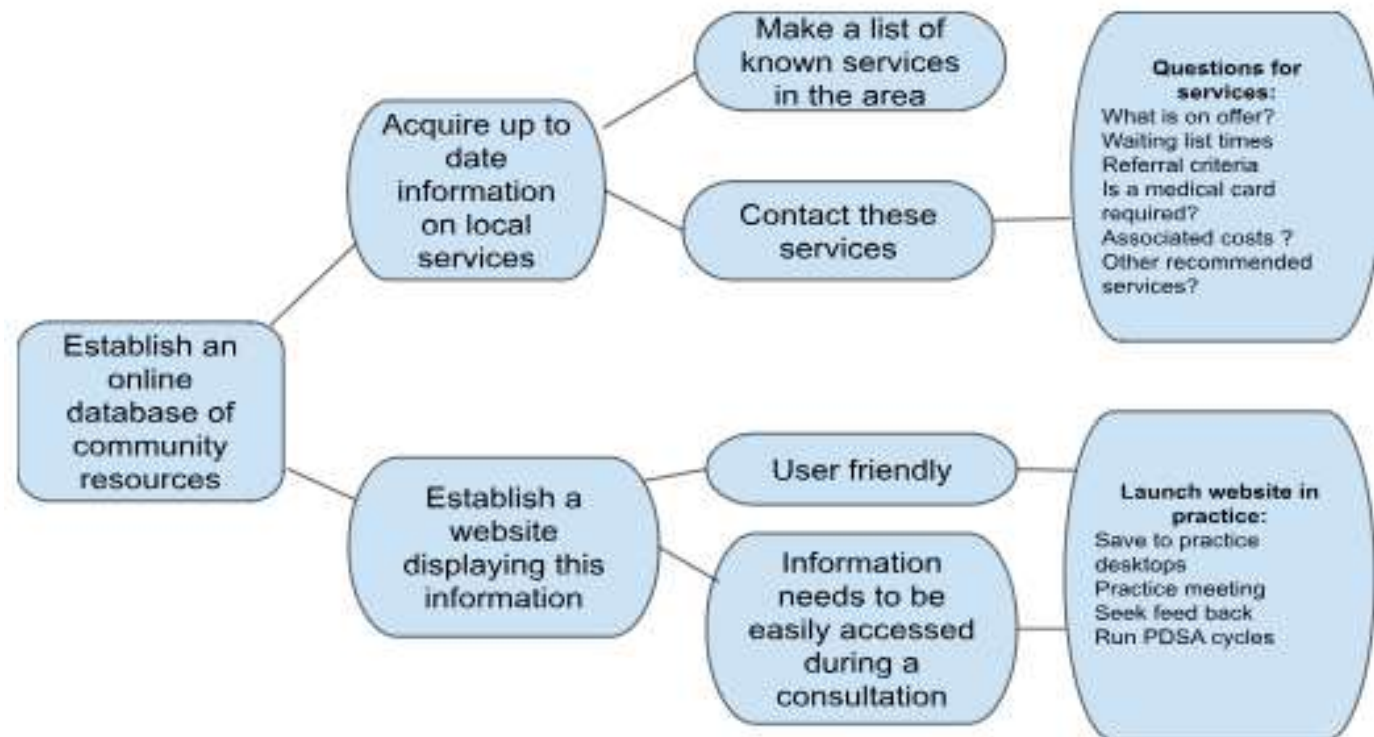
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The Blue Folder



Signposting in healthcare: helping patients understand, navigate, and access support within their community.

Improving signposting quality in an urban GP practice by establishing an online directory of community-based mental health resources in Dublin's South Inner City.



Driver Diagram

Results

(8/10) 80% of respondents reported that this innovation had improved their knowledge of mental health resources available in their area,

(8/10) 80% felt they could easily access this information during a mental health consultation.

The Blue Folder

Community mental health resources in South Inner City Dublin

Therapy / Counselling services

Click the underlined link for more detail

				
Adult	Teenager	Younger Child	Couples	Family
<ul style="list-style-type: none">• <u>free</u>• <u>low cost</u>• <u>private</u>• <u>crisis</u>• <u>online</u>	<ul style="list-style-type: none">• <u>free</u>• <u>low cost</u>• <u>private</u>• <u>crisis</u>• <u>online</u>	<ul style="list-style-type: none">• <u>Free</u>• <u>crisis</u>• <u>private</u>• <u>neurodiversity</u>	<ul style="list-style-type: none">• <u>Free</u>• <u>Private</u>• <u>Psychosexual</u>• <u>Separation</u>	<ul style="list-style-type: none">• <u>free / low cost</u>• <u>private</u>• parent education and support



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