



Curiosity



Creativity



Clinical Care

The Blue folder: an online directory of community-based mental health resources
Dr Eimear Pilkington, Dr Siobhan Hinchy, Dr Anna Beug.
Coombe Family Practice

National Conference 2024

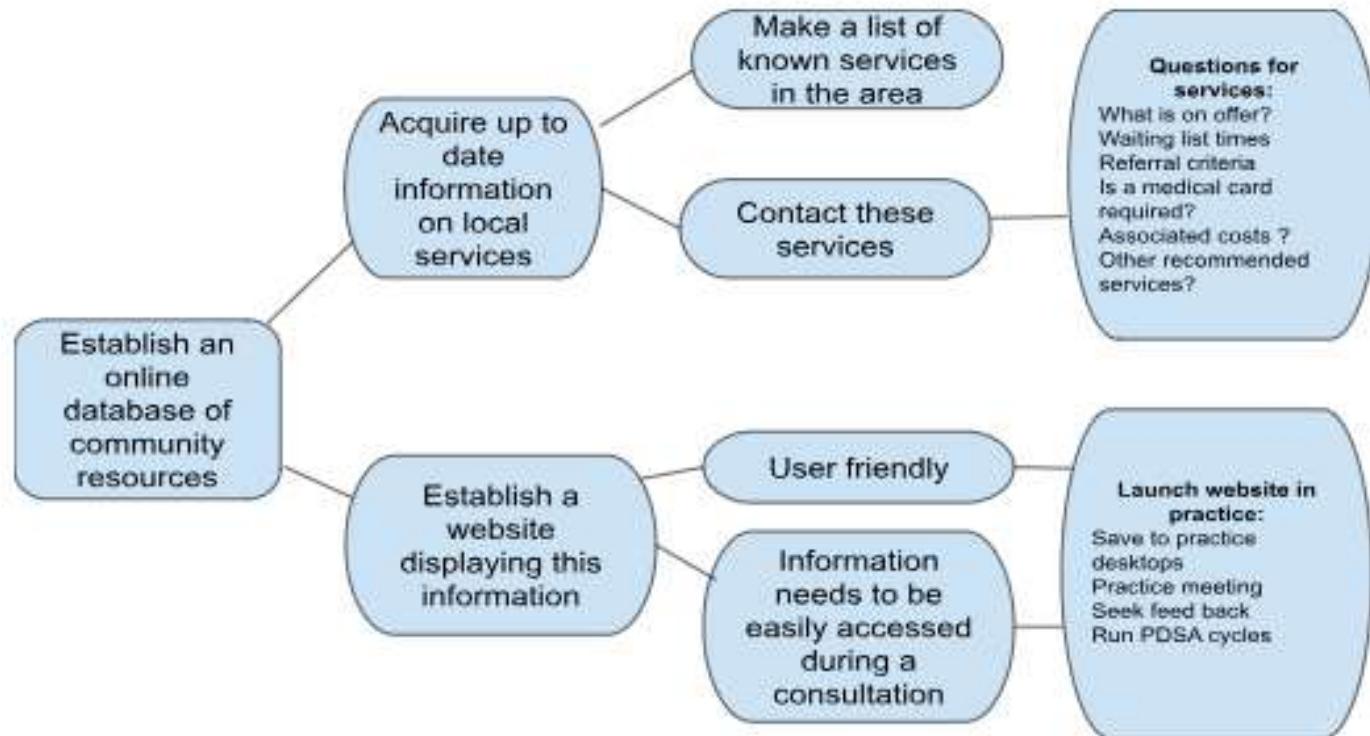
27 September 2024

The Blue Folder



Signposting in healthcare: helping patients understand, navigate, and access support within their community.

Improving signposting quality in an urban GP practice by establishing an online directory of community-based mental health resources in Dublin's South Inner City.



Driver Diagram

Results

(8/10) 80% of respondents reported that this innovation had improved their knowledge of mental health resources available in their area,

(8/10) 80% felt they could easily access this information during a mental health consultation.

The Blue Folder

Community mental health resources in South Inner City Dublin

Therapy / Counselling services

Click the underlined link for more detail



Adult	Teenager	Younger Child	Couples	Family
<ul style="list-style-type: none"><u>free</u><u>low cost</u><u>private</u><u>crisis</u><u>online</u>	<ul style="list-style-type: none"><u>free</u><u>low cost</u><u>private</u><u>crisis</u><u>online</u>	<ul style="list-style-type: none"><u>Free</u><u>crisis</u><u>private</u><u>neurodiversity</u>	<ul style="list-style-type: none"><u>Free</u><u>Private</u><u>Psychosexual</u><u>Separation</u>	<ul style="list-style-type: none"><u>free / low cost</u><u>private</u>parent educationand support



*4/5 Lincoln Place, Dublin 2,
D02 XR68 - Ireland*

*Tel: +353 1 676 3705
Email: info@icgp.ie*

IrishCollegeofGPs.ie