

PICO Worksheet

1. Define your question using PICO:

Question Components	Your Question
P – Patient/Problem or Population Describe the most important characteristics of the patient (.e.g. age, gender, disease/condition, etc.)	
I – Intervention Describe the main intervention (.e.g. drug or other treatment, diagnostic/screening test, etc.)	
C – Comparison Describe the main alternative being considered (.e.g. placebo, standard therapy, no treatment, the gold standard, etc.)	
O – Outcome Describe what you’re trying to accomplish, measure, improve, effect (.e.g. reduced mortality or morbidity, improved memory, accurate and timely diagnosis, etc.)	

2. Consider the Following:

Type of Question (Circle One)	Type of Study (Check all that apply)
<input type="checkbox"/> Therapy <input type="checkbox"/> Prevention <input type="checkbox"/> Diagnosis <input type="checkbox"/> Etiology/Harm <input type="checkbox"/> Prognosis	<input type="checkbox"/> Meta-Analysis <input type="checkbox"/> Systematic Review <input type="checkbox"/> Randomized Controlled Trial (RCT) <input type="checkbox"/> Cohort Study <input type="checkbox"/> Case Control Study <input type="checkbox"/> Case series/report