Medical Termination of Pregnancy – *What to expect*

After the **first** medication Mifepristone (taken with the doctor)

- Light bleeding or none at all

After the **second** medication Misoprostol (first 3 hours after bleeding)

- Strong painful cramps (period pains)
  - Use a hot water bottle or heat pad
  - Take ibuprofen or solpadeine



- Passing blood, clots, and tissue
  - Use sanitary pads (not tampons)

- Temperature of >38 c
  - Drink lots of fluids
  - Take ibuprofen (not aspirin)



Call the helpline if:

- Painkillers aren't working
- If you soak 2 pads an hour for 2 hours in a row (or have NO bleeding at all)
- If temperature doesn't settle in 24 hours

Myoptions.ie Helpline

1 800 828 010

After 24 hours - Possible diarrhoea and/or vomiting



- Immodium (for diarrhoea) or Motilium (for nausea) if required

14 days later

- Low sensitivity pregnancy test should be negative --- notify your doctor of the result.

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